

2013 Admiral Swansea Bay 3k

Gun Pos	Gun Time	No	Name	M/F	Cat	Club
1	0:09:58	40	Dylan Lambropoulos	M	14	
2	0:10:04	99	Elliot Lawrence	M	13	
3	0:10:21	148	Benji Edwards	M	13	BRIDGEND AC
4	0:10:25	144	Thomas Jones	M	13	
5	0:10:31	91	Samuel Martin	M	14	
6	0:11:06	85	Ben Thomas	M	12	
7	0:11:14	117	Lucy Dennis	F	12	
8	0:11:26	109	Tomos Rees	M	11	
9	0:11:32	16	Bethan Harris	F	14	
10	0:11:33	139	Sioned Haf Glynn	F	13	
11	0:11:35	21	Holli Jehu	F	14	
12	0:11:41	112	Samuel Woodnutt	M	14	
13	0:11:45	152	Kian Evans	M	9	
14	0:11:46	83	Wil Thompson	M	12	
15	0:11:48	105	Briony Bishop	F	12	
16	0:11:54	38	Corey McMurray	F	14	
17	0:11:56	94	Mared Owen	F	13	
18	0:11:58	102	Donovan Williams -Hale	M	13	
19	0:12:01	113	Rosa Humphreys	F	11	
20	0:12:02	143	Francis Lewis	M	12	
21	0:12:04	125	Ellie Kiff	F	13	
22	0:12:13	29	Josiah Legg	M	13	
23	0:12:24	58	Connor Thomas	M	12	
24	0:12:27	46	Osian Thomas	M	13	
25	0:12:38	90	Steffan Evans	M	11	
26	0:12:45	30	Trystan Leech	M	12	
27	0:12:46	28	Megan Stratton-Thomas	F	13	
28	0:12:52	17	Harry Worth	M	10	
29	0:12:52	101	Harvey White	M	14	
30	0:13:02	50	Thomas Park	M	13	
31	0:13:09	51	Jack Park	M	13	
32	0:13:12	36	Iestyn Jones-Evans	M	12	
33	0:13:23	61	Nathan Thomas	M	13	
34	0:13:26	118	Iwan White	M	9	
35	0:13:28	27	Jeri-Lynne Grabham	F	12	
36	0:13:29	130	Finley Rutterford	M	10	
37	0:13:36	74	Jordan Price	M	13	
38	0:13:42	10	Aled Lloyd-Biston	M	13	
39	0:13:42	64	Beth Thomas	F	11	
40	0:13:42	92	Rebecca Martin	F	11	
41	0:13:43	96	Jimmy Morgan	M	9	
42	0:13:43	75	Ben Hope	M	10	MERTHYR RUNNING CLUB
43	0:13:48	44	Adam Williams	M	11	
44	0:13:49	107	Ffion Powell	F	11	
45	0:13:53	95	Billy Morgan	M	13	
46	0:14:07	103	Nell Edwards	F	10	
47	0:14:08	66	Alana Rees	F	13	
48	0:14:18	81	Cerys Davies	F	12	
49	0:14:21	45	Evan Williams	M	9	
50	0:14:23	79	Alfred Robinson	M	11	
51	0:14:29	39	Nia Griffiths	F	13	
52	0:14:30	42	Dylan Pearson	M	11	
53	0:14:33	111	Benjamin Woodnutt	M	12	
54	0:14:43	121	Jack Wright	M	9	
55	0:14:45	151	Nathan Skyrme	M	11	
56	0:14:46	69	Adam Griffiths	M	12	
57	0:14:52	108	Natasha Powell	F	13	
58	0:14:55	123	Finlay Jones	M	10	
59	0:14:57	127	Alice Land	F	10	
60	0:14:59	25	Ryan Greenslade	M	10	
61	0:15:10	60	Sion Thomas	M	13	
62	0:15:11	41	Rachel Birch	F	12	
63	0:15:12	62	Nicholas Chesby	M	13	
64	0:15:14	128	Ellen Land	F	14	
65	0:15:26	52	Jamie Skipper	M	12	
66	0:15:34	67	Nadine Thomas	F	14	
67	0:15:43	138	Rhys Richards	M	8	
68	0:15:57	15	Niamh Kelly	M	9	
69	0:16:01	1	Carter Sellars	F	12	
70	0:16:04	9	Nandini Rawat	F	13	
71	0:16:06	97	Isobel Ruddy	F	10	
72	0:16:09	3	Jack Kershaw	M	11	
73	0:16:14	132	Gabrielle Fakande	F	12	
74	0:16:15	140	Nia Williams	F	12	
75	0:16:24	126	Ieuan Hosgood	M	12	
76	0:16:25	124	Rebecca Stephens	F	11	

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Gun Pos	Gun Time	No	Name	M/F	Cat	Club
77	0:16:26	11	Joe Locke	M	12	
78	0:16:31	133	Millicent Fakande	F	14	
79	0:16:32	119	Joseph Robins	M	9	
80	0:16:34	7	Ryan Emmanuel	F	14	
81	0:16:36	136	Phoebe Leber	F	10	
82	0:16:41	149	Elysia Jones	F	11	
83	0:16:41	150	Lottie Huxtable	F	10	
84	0:16:43	54	Morgan Price	M	10	
85	0:17:06	53	Rhian Bowen	F	13	
86	0:17:09	32	Daniel Flint	M	10	
87	0:17:26	63	Owain Thomas	M	11	
88	0:17:28	87	William Allen	M	9	
89	0:17:34	35	Emily-Beth Jones	F	13	
90	0:17:38	142	Jasmine Emmanuel	F	12	
91	0:17:50	49	Finlay Davies	M	10	
92	0:18:07	137	Taran Richards	M	10	
93	0:18:09	89	Mari Davies	F	9	
94	0:18:11	26	Trystan Williams	M	12	
95	0:18:17	122	Isabelle Jones	F		
96	0:18:32	86	Isabel Barclay	F	14	
97	0:18:37	114	Alice Ford	F	12	
98	0:18:43	93	Zachary Davies	M	11	
99	0:18:44	110	Sirsha Kundu	F	13	
100	0:18:46	31	Sadie Hennessy	F	10	
101	0:18:46	106	Abbie Bishop	F	10	
102	0:19:07	73	Grace Mackenzie	F	10	
103	0:19:09	129	Bryn Williams	M	10	
104	0:19:13	84	Brooke Castle	M	10	
105	0:19:15	22	Charlotte Muxworthy	F	10	
106	0:19:18	43	Katie Williams	F	14	
107	0:19:18	100	Nadia Sadler	F	13	
108	0:19:26	76	Kate Rossini	F	14	
109	0:19:30	48	Luke Orum	M	9	
110	0:19:40	134	Olivia Harman-Cashmore	F	12	
111	0:20:24	18	Charlotte Hall	F	9	
112	0:20:35	55	Alisha John	F	12	
113	0:21:12	115	Caitlin Osmundsen	F	9	
114	0:21:34	116	Thea Osmundsen	F	11	
115	0:21:41	2	Callum Kershaw	M	12	
116	0:21:45	80	Molly Jenkins	F	11	
117	0:22:13	98	Amber Penquet	F	11	
118	0:22:17	147	Chloe Cotterell	F	10	
119	0:22:18	146	Nia Davies	F	12	
120	0:22:22	70	Morgan Colwill Upson	F	9	
121	0:26:08	33	Jessica Flint	F	12	
122	0:36:35	71	Sam Fenwick	M	11	