

ADMIRAL 3K
PROVISIONAL RESULTS (V1)

Pos	No	Time	Forename	Surname	M/F	Cat	Club
1	107	00:09:28	Luke	Davies	M	13	
2	31	00:09:43	Elliot	Lawrence	M	14	
3	42	00:09:59	Dominic	Smith	M	14	
4	137	00:10:12	Mark	Tobin	M	14	
5	37	00:10:25	Ben	Thomas	M	13	
6	88	00:10:31	Joe	Lloyd	M	12	
7	101	00:10:53	Donovan	Williams-Hale	M	14	
8	56	00:10:55	Iestyn	Williams	M	13	
9	75	00:10:57	Tomos	Rees	M	12	
CARMARTHEN							
10	66	00:11:08	Frank	Morgan	M	9	AND DIST
11	111	00:11:15	Louie	Thomas	M	12	
12	63	00:11:18	Gareth	Thompson	M	12	
13	86	00:11:19	Sioned	Glynn	F	14	
14	15	00:11:21	Osian	Thomas	M	14	
15	85	00:11:21	Caitlin	Gwyther	F	11	
16	138	00:11:22	Kian	Evans	M	10	Mayals Primary
17	61	00:11:22	Ellie	Kiff	F	14	
18	113	00:11:25	Lucy	James	F	14	
19	92	00:11:27	Josiah	Legg	M	14	
20	132	00:11:32	Francis	Lewis	M	13	
21	100	00:11:39	Caitlin	Ward	F	13	
22	27	00:11:39	Trystan	Leech	M	13	
23	60	00:11:41	William	Thompson	M	13	
24	46	00:11:46	Siwan	Jones-Evans	F	11	
25	91	00:11:51	Bronwen	Stratton-Thomas	F	12	
26	62	00:11:56	Rosa	Humphreys	F	12	
27	82	00:11:56	Rebecca	Martin	F	12	
28	35	00:12:02	Lloyd	Jones	M	10	
29	58	00:12:04	Thomas	Park	M	14	
30	84	00:12:06	Bedwyr	Thomas	M	11	
SWANSEA							
31	125	00:12:14	Beth	Thomas	F	12	HARRIERS
32	99	00:12:23	Rhiannon	Phillips	F	13	
33	67	00:12:23	Alex	Jackson	M	13	
34	55	00:12:27	Bethan	Samuel	F	13	
35	48	00:12:29	Tom	Wright	M	14	
36	87	00:12:38	Charlie	Powell	M	11	
37	94	00:12:51	Alfie	Robinson	M	12	
38	128	00:12:53	Steffan	Evans	M	12	
39	98	00:12:53	Ceris	Davies	F	14	
40	119	00:12:54	Iwan	White	M	10	
41	47	00:13:06	Iestyn	Jones-Evans	M	13	
42	9	00:13:09	Ben	Hope	M	11	

43	53	00:13:15	Jack	Hawkins	M	11	
44	6	00:13:18	Callum	Griffiths	M	12	
45	131	00:13:18	Ellie	Mcdyer	F	12	
46	129	00:13:21	Darcie	Bass	F	11	
47	10	00:13:23	Eva	Edwards	F	12	
48	38	00:13:23	Ashleigh	Willis	F	11	
49	14	00:13:30	Cerys	Davies	F	13	
50	19	00:13:32	Harry	Fleet	M	13	
51	32	00:13:35	Nandini	Rawat	F	14	
52	17	00:13:37	Samuel	Herrieven	M	10	
53	110	00:13:38	Aled	Lloyd-Biston	M	14	
54	71	00:13:45	Tia	Sandry	F	12	
55	80	00:13:55	Freya	Reese	F	12	
56	34	00:14:00	Lili	Jones	F	10	
57	123	00:14:07	Lewis	Bamford	M	13	
58	77	00:14:09	Jamie	Holland	F	11	
59	103	00:14:11	Leoni	John	F	11	
60	36	00:14:16	Jack	Wright	M	10	
61	139	00:14:20	Nathan	Skyrme	M	12	Morriston Comp
62	33	00:14:28	Luke	Orum	M	10	
63	18	00:14:32	Iona	Melrose	F	10	
64	68	00:14:37	Evan	Williams	M	10	
65	22	00:14:41	Kieran	Morgan	M	9	
66	4	00:14:48	Samuel	Hill	M	12	
67	89	00:15:00	Lauren	Thomas	F	10	
68	40	00:15:02	Ffion	Jones	F	11	
69	1	00:15:09	Maisie	Miller	F	8	
70	50	00:15:15	Isaac	Dingwall	M	9	
71	126	00:15:18	Sophie	Beynon	F	9	
72	104	00:15:26	Bethan	Meyrick	F	11	
73	21	00:15:28	Chloe	Morgan	F	9	
74	59	00:15:28	Rizzy	Burrow	F	11	
75	70	00:15:33	Tamzin	Sandry	F	12	
76	20	00:15:49	Oliver	Fleet	M	10	
77	108	00:15:53	Nathan	Taylor	M	12	
78	81	00:15:54	Rebecca	Stephens	F	12	
79	25	00:15:58	Samuel	Wells	M	10	
80	7	00:15:59	Sali	Goodwin	F	12	
81	95	00:15:59	Alex	Liu	M	14	
82	49	00:16:01	Ruby	Tomkins	F	14	
83	44	00:16:02	Stacey	Hyde	F	10	
84	96	00:16:08	Grace	Mackenzie	F	11	
85	26	00:16:18	Medi	Phillips	F	12	
86	106	00:16:34	Alex	Davies	M	10	
87	65	00:16:38	Lucas	Davies	M	9	
88	57	00:16:40	Joshua	Goodwin	M	10	
89	2	00:16:48	Rhiannon	Clarke	F	9	
90	54	00:16:48	Joseph	Robins	M	10	
91	43	00:16:53	Elen	Appleby	F	12	

92	13	00:17:15	Dylan	Meyler	M	12
93	140	00:17:17	Lucy	Richards	F	12
94	116	00:17:21	Ellie	Goss	F	1
95	30	00:17:41	Ciara	Bray	F	12
96	114	00:17:46	Harriet	Powell	F	11
97	69	00:17:47	Lily	Pearce	F	10
98	118	00:18:02	Jack	O'Connell	M	10
99	105	00:18:04	Drew	Davies	F	13
100	83	00:18:48	Tegan	Madge	F	12
101	117	00:18:54	Seren	Wonklyn	F	12
102	134	00:18:57	Holly	Bowen-Elliott	F	11
103	120	00:19:09	Alice	Ford	F	13
104	136	00:19:22	Esther	Bowles	F	13
105	135	00:19:34	Leo	Bowen-Elliott	M	9
106	45	00:20:06	Jacob	Cooke	M	11
107	73	00:20:07	Anastasia	Joy-Williams	F	9
108	115	00:20:18	Abigail	Powell	F	13
109	130	00:20:19	Isobel	Bass	F	13
110	16	00:20:22	Sophie	Bevan	F	12
111	23	00:20:42	Bethan	Mcgarrigle	F	11
112	24	00:20:42	Daniel	Mcgarrigle	M	10
113	109	00:21:01	Bryn	Williams	M	11
114	133	00:21:28	Heidi	Charlton	F	10
115	122	00:21:31	Sophia	Harris	F	12
116	121	00:21:34	Maddie	Thomas	F	12
117	28	00:22:14	Phoebe	Brown	F	12
118	127	00:22:38	Carys	Williams	F	8
119	11	00:24:51	Mark	Hughes	M	13